December 2015

New Next Step in Care Family Caregiver Guide on Technology

Technology is all around us, and it has entered the world of family caregiving in a big way. Next Step in Care recognizes that development in *A Family Caregiver’s Guide to Electronic Organizers, Monitors, Sensors, and Apps*. Created for family caregivers who are grappling with issues about technology, the guide presents questions to think about when deciding whether to buy an electronic product or service. It includes detailed information about:

- Coordinating health care and support services;
- Organizing health information with electronic health records, patient portals, and personal health records;
- Communicating with family and friends, and scheduling help;
- Personal Emergency Response Systems (PERS); and
- Home monitoring systems.

The guide also includes a list of terms and definitions and ways to learn more about technology. Like all Next Step in Care guides, this guide is available in English, Spanish, Chinese, and Russian.

MD Magazine Video Interview with Carol Levine

*M.D.* magazine features Carol Levine, director of UHF’s Families and Health Care Project, in a video interview on helping family caregivers through difficult situations. The interview is also available in a written format. In both versions she encourages physicians to play a bigger role in supporting family caregivers as they take on daunting challenges of complex medication management, wound care, and other clinical tasks. “What family caregivers find troubling is a lack of understanding from doctors, nurses, and hospitals that they are actually doing something really significant,” she said. “They need the expert advice of professionals.”

For more commentary on family caregiving and transitions, join the conversation on our page!

The Next Step in Care website, [www.nextstepincare.org](http://www.nextstepincare.org), was created by the United Hospital Fund, a health services research and philanthropic organization whose primary mission is to shape positive change...
in health care for the people of New York. All materials on the Next Step in Care website are copyrighted. They are free and can be downloaded and distributed, but may not be altered or condensed without permission. To make suggestions or comment about the website, send an e-mail to nextstepincare@uhfnyc.org. If you do not want to receive further emails related to Next Step in Care or from United Hospital Fund on any subject, please click on the corresponding link below.

© 2015 United Hospital Fund.

United Hospital Fund
1411 Broadway, 12th Floor, New York, NY 10018
Phone: 212.494.0700 | Fax: 212.494.0800 | Email: info@uhfnyc.org

Privacy Policy | Unsubscribe