

CONTROLLING HIGH BLOOD PRESSURE (NQF #18/HEDIS)				
Name	Author	Year	Content/Mode	Link
Federal Agencies				
<i>High Blood Pressure Educational Materials for Patients</i>	Centers for Disease Control (CDC)	2015	Fact sheets and podcasts to educate patients on the control of high blood pressure. Special resources for specific communities, diets, and conditions.	https://www.cdc.gov/bloodpressure/materials_for_patients.htm
<i>Hypertension Control: Change Package for Clinicians, a Million Hearts Action Guide.</i>	CDC	2015	A menu of intervention or process improvement options for ambulatory care settings looking to improve blood pressure control.	https://millionhearts.hhs.gov/files/HTN_Change_Package.pdf
Professional Societies/Disease-Specific Organizations				
<i>Controlling Hypertension in Adults</i>	American Heart Association	2016	Pocket guide for providers on effective protocols for hypertension control in adults.	http://www.heart.org/idc/groups/heart-public/@wcm/@hcm/documents/downloadable/ucm_461839.pdf
<i>Improving Blood Pressure Control in Primary Care</i>	Steps Forward, a practice transformation program of the American Medical Association.	2015	<p>A continuing education module for primary care physicians to help primary care clinicians:</p> <ol style="list-style-type: none"> 1. Measure blood pressure more accurately 2. Act rapidly to treat blood pressure that is not controlled 3. Use evidence-based communication strategies 4. Instruct patients to properly self-measure blood pressure 5. Instruct patients to follow evidence-based lifestyle changes to lower blood pressure <p>Downloadable tools for providers and patients available. CME credit offered.</p>	<p>https://www.stepsforward.org/modules/hypertension-blood-pressure-control</p> <p>Tools: https://www.stepsforward.org/modules/hypertension-blood-pressure-control#downloadable</p>

Professional Societies/Disease-Specific Organizations, continued				
<i>Measure Up, Pressure Down: A Provider Toolkit to Improve Hypertension Control</i>	American Group Medical Foundation. “Measure Up/Pressure Down” is a three-year effort/campaign created by the American Medical Group Foundation to reduce high blood pressure in populations across the country.	2013	A toolkit to help providers jumpstart their hypertension quality improvement initiatives. Organized around eight care processes, with action steps and case studies for each.	http://www.measureuppressuredown.com/hcprof/toolkit.pdf Success stories and best practices: http://www.measureuppressuredown.com/HCProf/Find/bestPractices_find.asp
Provider Organizations				
<i>Quality Improvement in a Primary Care Practice</i>	Meaningful Use Case Studies, healthit.gov	2013	Results from a quality improvement effort by Ellsworth Medical Clinic, WI to improve blood pressure control rates through team-based care, population management, and effective use of EHRs.	https://www.healthit.gov/providers-professionals/quality-improvement-primary-care-practice
<i>Utilizing Lay and Clinical Community Health Workers to Address Untreated Hypertension: The University of Rochester Medical Center’s HEART Initiative</i>	University of Rochester Medical Center	2015	Toolkit from an effort to improve outcomes for underserved residents of Rochester’s most underserved neighborhoods. Used a Blood Pressure Ambassador and Advocate program to increase community-clinic collaborations that effectively detect and treat hypertension.	https://www.cdc.gov/nccdphp/dch/pdfs/univ-rochester-heart-initiative.pdf Blood Pressure Advocate Program https://www.urmc.rochester.edu/community-health/programs-services/blood-pressure-advocate-program.aspx Overview video: https://www.youtube.com/watch?v=pHtolwj2jWo

Improvement Organizations/Multi-Stakeholder Coalitions/Networks				
<i>High Blood Pressure Collaborative</i>	High Blood Pressure Collaborative of the Greater Rochester Area (Monroe County), led by Rochester Chamber of Commerce and Finger Lakes Health Systems Agency.	2010 2016	Resources from a community-wide, multi-stakeholder effort to reduce high blood pressure in the Greater Rochester Area.	Overview of collaborative: https://www.commongroundhealth.org/initiatives/high-blood-pressure
<i>Improving the Screening, Prevention, and Management of Hypertension: An Implementation Tool for Clinic Practice Teams</i>	Washington State Department of Health	2013	Compilation of best practices and quality improvement resources for the management of hypertension by practice teams. The toolkit has been used to successfully address hypertension among the <i>Washington State Collaborative to Improve Health</i> and the University of Washington.	https://www.healthit.gov/sites/default/files/13_bptoolkit_e13l.pdf
Academic Institutions				
<i>Medication Matters</i>	Project ReDCHip, of Johns Hopkins University ReDCHip is Reducing Disparities and Controlling Hypertension in Primary Care.	2013	Web-based training tool that demonstrates communication approaches to address medication adherence among patients with hypertension.	http://www.projectredchip.com/
Journal Articles				
<i>Improving Blood Pressure Control With Strategic Workflows</i>	Family Practice Management	2016	Strategies used by primary care clinics in an integrated health system in San Diego to formulate a blood pressure control treatment algorithm and use team-based care to help high- and medium-risk patients improve their blood pressure control. Done through the Measure Up/Pressure Down campaign.	http://www.aafp.org/fpm/2016/0500/p23.html
<i>Practical Lessons for Improving Care of Patients with High Blood Pressure in Urban Underserved Practices</i>	Journal of Family Medicine	2016	Results of interventions to improve care of racially diverse and low-income hypertension patients at three clinics in the Greater Rochester New York area.	http://austinpublishinggroup.com/family-medicine/download.php?file=fulltext/jfm-v3-id1046.pdf